

H.K.U. M.Soc.Sc. (Counselling) Alumni Association Mindful Chocolate Art Painting Workshop

This workshop provides an immersive and meditative painting experience to participants within a cozy and non-judgmental atmosphere. They will be given handcrafted a French premium dark chocolate (Valrhona) canvas and a delightful set of edible paints to create chocolate painting as they follow meditation prompts, thereby gaining therapeutic benefits resulting from creative artwork.

Date: 24th March 2024 (Sunday)

Time: 2:00 – 4:00 pm (Session in Cantonese) ; 4:30 – 6:30 pm (Session in English, on demand)

Venue: Salesians of Don Bosco Ng Siu Mui Secondary School (30 Kwai Hop St. Kwai Chung, N.T.)

Participant: Members, family members and friends over the age of 18

Quota: Six per session (First come, first served)

Fee: \$250 per person (Non-refundable; successful applicants will receive a confirmation email and a bank account for payment purpose.)

Application Deadline: 17th March 2024

Enquiry: hkucounsellingalumni@yahoo.com.hk

[Application Form](#)



Coach: Ms. Beaker Fung

Master of Social Sciences (Counselling), HKU (2012)

Professional Diploma in Culinary Arts, Institut Disciples Escoffier

French National Certificate in Cuisine Art, The department of education, France

Diploma in Baking and Pastry Arts Management, George Brown College, Canada

