

## HKU Master of Social Sciences (Counselling) Alumni Association 香港大學輔導學碩士校友會

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# Continuing Education Seminar cum Annual General Meeting 20<sup>th</sup> August, 2022

### **Programme:**

2:20 - 2:30 pm	Registration
2:30 - 4:30 pm	Seminar on "Borderline Personality Disorder: Conceptualization and treatment
	in the Hong Kong Non-Governmental Organization context."
	Speaker – Dr. Avis Ngan (2009)
4:30 - 4:45 pm	Break

4:45 - 5:30 pm Annual General Meeting

#### **Seminar Target Participants:**

- Graduates and Students of MSS Counselling Programme.
- Counsellors, social workers, psychologists and other related professionals as recommended by members are also welcome.

**Mode of Delivery:** On site at HKU, online or hybrid mode depending on the CoVID situation, to be announced one week prior to the event.

Fee: Seminar free for all.

#### **Registration:**

Please register via e-form 2022 HKUMSSCAA AGM Registration

**Deadline for Enrollment:** 13th August, 2022



#### About the Seminar:

Borderline Personality Disorder (BPD) has been largely stigmatized by mental health professionals due to difficulties encountered in therapy, from boundary testing to frequent crises. Such stigmatization is hard to overcome because it has been compounded by a lack of consensus and objectivity in understanding BPD as a diagnostic label, resulting in counsellors and clients frequently falling into power struggles that interfere with the therapeutic process.

<u>Deliverables</u>: The seminar provides a conceptualization of, and guidelines for therapy with, BPD clients. The aim is to help counsellors reduce negative expectations and improve objective strategizing of the therapy process.



### About the Speaker: Dr. Avis Ngan 顏基衛博士

Dr. Ngan obtained a M.Soc.Sc. degree in counselling in 2009, and then Psy.D. (Clinical Psychology) in 2018. He became fascinated with clients diagnosed with Personality Disorders during his three years' of working in a local Non-Governmental Agency as a clinical psychologist. He is currently in private practice.

Language for Presentation: Cantonese (PowerPoint in English)